

Merrimack Special Education Support Group
October 20, 2009

Meeting started at 7:00 pm. Eleven people were in attendance.

Topic: **An Informational Session about Psychiatric Medications Used for Children**

Jennifer A. Ganem MS, APRN, a psychiatric nurse practitioner in private practice in Londonderry, presented an informational session about psychiatric medications used for children. The focus of the event was to discuss the more common medications that are used for childhood psychiatric disorders. Discussion centered on medications for ADHD, Anxiety, Depression, Bipolar. Information regarding Anti-Anxiety medications, Mood Stabilizers, and Natural Psychopharmacology such as Omega 3 was also presented.

Discussion ranged from efficacy, possible side effects, dosages range and risk factors. Jenn discussed a great resource regarding medication is *Straight Talk About Psychiatric Medications for Kids, second edition* by Timothy Wilens, MD.

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